



## Annual Physical Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Allergies: \_\_\_\_\_

### Physical Examination

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Temperature: \_\_\_\_\_ Pulse: \_\_\_\_\_ Respiration: \_\_\_\_\_

Results of Physical Examination: \_\_\_\_\_

\_\_\_\_\_

### Current Test Results / Status

PPD: \_\_\_\_\_ Urinalysis: \_\_\_\_\_  
*Results Date Results Date*

HGB: \_\_\_\_\_ TD Booster: \_\_\_\_\_  
*Results Date Results Date*

HB Screening: \_\_\_\_\_ HB Vaccine: \_\_\_\_\_  
*Results Date Results Date*

Other: \_\_\_\_\_  
*Name of Test Date Results*

### Other Important Information

Operations: \_\_\_\_\_

Serious Injuries: \_\_\_\_\_

Chronic or Reoccurring Illnesses: \_\_\_\_\_

### Current Medication(s) or None

Type	Dosage/Frequency	Purpose	Side Effects

Diet/Nutritional Requirements:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Restrictions While in Program**

*This individual is NOT to participate in these activities checked below:*

Swimming  Use of stairs  Strenuous Activities  Other: \_\_\_\_\_

**Check all that apply:**

Obesity  COPD/ Asthma  PVD Claudication  Hypertension

Diabetes  CHF/Myopathy  Arrhythmia  Hypotension

Syncope  CVD/CAD  Seizures  Other: \_\_\_\_\_

**Additional Information:**

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\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone Number/Fax